

C.O.R.G.
COMMISSION DES GRADES
LISTE OFFICIELLE DES KATAS 1er DAN PAR STYLE:

SHOTOKAN RYU

- 1 HEIAN 1-2-3-4-5
- 6 TEKKI SHODAN

SHOTOKAI

- 1 HEIAN 1-2-3-4-5
- 6 TEKKI SHODAN

WADO RYU

- 1 PINAN 1-2-3-4-5
- 6 NAIFANCHI SHODAN

SHITO RYU

- 1 PINAN 1-2-3-4-5
- 6 NAIFANCHI SHODAN

GOJO RYU

- 1 SANCHIN
- 2 GEKISADAI ICHI
- 3 GEKISAIDAI NI
- 4 SAIFA
- 5 SEYUNCHIN

KYOKUSHINKAI

- 1 PINAN 1-2-3-4-5
- 6 TSUKI NO KATA

UECHI RYU

- 1 SANCHIN
- 2 KANSHIWA
- 3 KANSHU
- 4 SEICHIN
- 5 SEISAN

SHORIN JI

- 1 PINAN 1-2-3-4-5
- 6 NAIHANCHI

SHUKOKAI

- 1 PINAN 1-2-3-4-5
- 6 KOSOKUN DAI

SHOTOKAN OHSHIMA

- 1 HEIAN 1-2-3-4-5
- 6 TEKKI SHODAN

SHORIN JI (SHURI TE)

- 1 PINAN 1-2-3-4-5
- 6 PATSAI DAI

SHORIN RYU OKINAWA

- 1 PINAN 1-2-3-4-5
- 6 NAIHANSHI SHODAN

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COMMISSION DES GRADES
LISTE OFFICIELLE DES KATAS 2ème DAN PAR STYLE:

SHOTOKAN RYU

- 1 BASSAI DAI
- 2 EMPI
- 3 JION
- 4 HANGETSU
- 5 KANKU DAI

SHOTOKAI

- 1 BASSAI DAI
- 2 EMPI
- 3 JION
- 4 HANGETSU
- 5 KANKU DAI

WADO RYU

- 1 BASSAI
- 2 KUSHANKU
- 3 SEISHAN
- 4 JION
- 5 WANSHU

SHITO RYU

- 1 BASSAI DAI
- 2 WANSHU
- 3 JION
- 4 SEIENCHIN
- 5 KOSOKUN DAI

GOJO RYU

- 1 SANCHIN
- 2 SAIFA
- 3 SEYUNCHIN
- 4 SHISOCHIN
- 5 SANSERU

KYOKUSHINKAI

- 1 TSUKI NO KATA
- 2 GEKISAI DAI
- 3 TENSHO
- 4 YANTSU
- 5 SAIHA

UECHI RYU

- 1 SANCHIN
- 2 KANSHU
- 3 SEICHIN
- 4 SEISAN
- 5 SEIRYU

SHORIN JI

- 1 SEISAN
- 2 JION
- 3 EMPI
- 4 GEKI SAI
- 5 BASSAI DAI

SHUKOKAI

- 1 ANANKO
- 2 BASSAI SHO
- 3 JITTE
- 4 WANSHU
- 5 SEISAN

SHOTOKAN OHSHIMA

- 1 BASSAI DAI
- 2 KANKU
- 3 HANGETSU
- 4 JION
- 5 EMPI

SHORIN JI (SHURI TE)

- 1 SEISAN
- 2 JITTE
- 3 EMPI
- 4 WANSHU
- 5 ROHAI

SHORIN RYU OKINAWA

- 1 NAIHANCHI NIDAN
- 2 ITOSU PASSAI
- 3 MATSUMURA PASSAI
- 4 JION
- 5 NAIHANCHI SHODAN

C.O.R.G.
COMMISSION DES GRADES
LISTE OFFICIELLE DES KATAS 3ème DAN PAR STYLE:

SHOTOKAN RYU

- 1 GANKAKU
- 2 JITTE
- 3 KANKU SHO
- 4 BASSAI SHO
- 5 TEKKI NIDAN

SHOTOKAI

- 1 GANKAKU
- 2 JITTE
- 3 KANKU SHO
- 4 BASSAI SHO
- 5 TEKKI NIDAN

WADO RYU

- 1 KUSHANKU
- 2 JITTE
- 3 CHINTO
- 4 NISEISHI
- 5 ROHAI

SHITO RYU

- 1 NAIFANCHI NIDAN
- 2 CHINTO
- 3 JITTE
- 4 KOSOKUN SHO
- 5 BASSAI SHO

GOJO RYU

- 1 SHISOCHIN
- 2 SEIPAI
- 3 SEYUNCHIN
- 4 TENSHO
- 5 SANSERU

KYOKUSHINKAI

- 1 GEKISAI SHO
- 2 SAIHA
- 3 YANTSU
- 4 KANKU
- 5 SANCHIN

UECHI RYU

- 1 SANCHIN
- 2 SEICHIN
- 3 SEISAN
- 4 SEIRYU
- 5 KANCHIN

SHORIN JI

- 1 SAIFA
- 2 ROHAI
- 3 SEIENCHIN
- 4 BASSAI SHO
- 5 KUSHANKU DAI

SHUKOKAI

- 1 NISEISHI
- 2 JION
- 3 KOSOKUN SHO
- 4 SEIENCHIN
- 5 SHISOCHIN

SHOTOKAN OHSHIMA

- 1 TEKKI NIDAN
- 2 TEKKI SANDAN
- 3 KANKU
- 4 EMPI
- 5 JION

SHORIN JI (SHURI TE)

- 1 CHINTO
- 2 CHINTE
- 3 KUSHANKU SHO
- 4 PATSAI SHO
- 5 JIIN

SHORIN RYU OKINAWA

- 1 NAIHANSHI SANDAN
- 2 JITTE
- 3 KUSHANKU SHO
- 4 MATSUMURA PASSAI
- 5 JION

C.O.I.R.G.
COMMISSION DES GRADES
LISTE OFFICIELLE DES KATAS 4ème DAN PAR STYLE:

SHOTOKAN RYU

- 1 NIJUSHIHO
- 2 SOCHIN
- 3 JIIN
- 4 UNSU
- 5 TEKKI SANDAN

SHOTOKAI

- 1 NIJUSHIHO SHO
- 2 SOCHIN
- 3 JIIN
- 4 UNSU
- 5 TEKKI SANDAN

WADO RYU

- 1 KUSHANKU
- 2 SEISHAN
- 3 CHINTO
- 4 NISEISHI
- 5 JITTE

SHITO RYU

- 1 NAIFANCHI SANDAN
- 2 NISEISHI
- 3 SOCHIN
- 4 UNSU
- 5 NIPAPO

GOJO RYU

- 1 SEIPAI
- 2 SEYUNCHIN
- 3 KURURUNFA
- 4 TENSUO
- 5 SEISAN

KYOKUSHINKAI

- 1 SEIPAI
- 2 KANKU
- 3 SEIENCHIN
- 4 SAIHA
- 5 GARYU

UECHI RYU

- 1 SANCHIN
- 2 SEISAN
- 3 SEIRYU
- 4 KANCHIN
- 5 SANSEIRYU

SHORIN JI

- 1 WANDO
- 2 ROHAI
- 3 SEPAI
- 4 NISEISHI
- 5 KUSHANKU SHO

SHUKOKAI

- 1 KOSHIKI NO ROHAI
- 2 MATSUKASE
- 3 TOMARI-BASSAI
- 4 KURURUNFA
- 5 CHINTO

SHOTOKAN OHSHIMA

- 1 TEKKI SANDAN
- 2 JION
- 3 JITTE
- 4 HANGETSU
- 5 GANKAKU

SHORIN JI (SHURI TE)

- 1 USEISHI SHO (GOJUSHIHO)
- 2 UNSU
- 3 NISEISHI
- 4 SOCHIN
- 5 MATSUKASE (WANKAN)

SHORIN RYU OKINAWA

- 1 TOMARI PASSAI
- 2 KUSHANKU DAI
- 3 KUSHANKU SHO
- 4 CHINTO
- 5 NAIHANCHI SANDAN

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COMMISSION DES GRADES
LISTE OFFICIELLE DES KATAS 5ème DAN PAR STYLE:

SHOTOKAN RYU

- 1 GOJUSHIHO SHO
- 2 CHINTE
- 3 GOJUSHIHO DAI
- 4 WANKAN
- 5 MEIKYO

SHOTOKAI

- 1 GOJUSHIHO SHO
- 2 CHINTEI
- 3 GOJUSHIHO DAI
- 4 WANKAN
- 5 MEIKYO

WADO RYU

- 1 JION
- 2 ROHAI
- 3 BASSAI
- 4 SEISHAN
- 5 NAIHANCHI

SHITO RYU

- 1 GOJUSHI-HO
- 2 SUPARIMPAI
- 3 SEIPAI
- 4 MATSUMURA PASSAI
- 5 ROHAI (MEIKYO)

GOJO RYU

- 1 SUPARINPAI
- 2 SHISOCHIN
- 3 SEIPAI
- 4 SEYUNCHIN
- 5 TENSHO

KYOKUSHINKAI

- 1 KANKU
- 2 SEIENCHIN
- 3 SEIPAI
- 4 GARYU
- 5 SUSHI HO

UECHI RYU

- 1 SANCHIN
- 2 SEISAN
- 3 SEIRYU
- 4 KANCHIN
- 5 SANSEIRYU

SHORIN JI

- 1 MATSUMURA
- 2 PATSAI
- 3 KURURUNFA
- 4 ANANKU
- 5 ITOSU ROHAI

SHUKOKAI

- 1 GOJUSHIHO
- 2 SUPARIMPEI
- 3 UNSHU
- 4 NIPAPO
- 5 SEIPAI

SHOTOKAN OHSHIMA

- 1 TEKKI SANDAN
- 2 EMPI
- 3 JITTE
- 4 HANGETSU
- 5 GANKAKU

SHORIN JI (SHURI TE)

- 1 USEISHI DAI (GOJUSHIHO)
- 2 CHATAN YARA CHINTO
- 3 CHATAN YARA KUSHANKU
- 4 MATSUMARA PATSAI
- 5 SHIMPA

SHORIN RYU OKINAWA

- 1 KUSHANKU DAI
- 2 CHINTO
- 3 GOJUSHIHO
- 4 KUSHANKU SHO
- 5 TOMARI PASSAI